

VIETNAM VETERANS

## Residential Care

# Where YOUP STOFY IVes om





#### **Our Vision & Values**

We

RESPECT

CARE

COMMUNICATE

**ARE PROFESSIONAL** 

#### Welcome to Vietnam Veterans Noraville

Set among peaceful bushland and spacious greenery, only five minutes from the ocean, is Vietnam Veterans Keith Payne VC Hostel. Accommodating up to 76 residents, Vietnam Veterans has been delivering the highest level of personalised, round-the-clock care since 1991 with a proud and rich history of caring for Veterans and locals of the Central Coast.

Independent and intimate, Vietnam Veterans' sought-after community looks out to the scenic bushland of Wyrrabalong National Park. As an ageing-in-place community, Vietnam Veterans offers quality, person-centred residential care, as well as respite care.

The wellbeing of our residents is at the heart of everything we do. We take a holistic approach to aged care, with a strong focus on building relationships and becoming your partners in care. Thanks to our extensive range of in-house activities, services and excursions, residents can decide each and every day how much – or how little – they wish to do.

Located in Noraville, Vietnam Veterans boasts the perfect blend of an easily accessible coastline, convenient local facilities and stunning bush views. While boasting a tranquil location, Keith Payne VC Hostel is located in close proximity to shops, clubs, medical and health services and public transport, as well as being just a five minute drive to Toukley shopping district or fifteen minutes to the central retail hub of Lake Haven or The Entrance.

While our heritage is about caring for veterans, we are a community for all with non-veterans most welcome to make this their new home, where their story can live on.







### **Our Living Options**

Vietnam Veterans Keith Payne VC Hostel is an ageing-in-place community, meaning our living options provide for all levels of care - from low to higher care needs. The number one priority at Vietnam Veterans is quality of life. No matter what your needs, the appropriate level of care is at hand.

We provide accommodation for up to 76 residents in our modern rooms with onsite amenities. With a mixture of warm, welcoming indoor areas and a number of shady, green courtyards and open landscaped gardens, residents can enjoy the sunshine and fresh air, while remaining within the safety of their home.

Keeping residents connected and participating in activities that matter to them is at the heart of our team's ethos of care, and residents can enjoy a range of onsite activities, with a dedicated room and active team dedicated to providing inclusive options for all. The sense of family and community that our residents experience comes from the strong relationships formed between residents, their families and our community. Our care team provide 24/7 registered nurse access and we are dedicated to providing care for residents with dignity, respect and professionalism.

Vietnam Veterans Keith Payne VC Hostel comprises 76 private furnished suites, all with ensuite bathrooms, flat screen televisions, reverse cycle air conditioning, double wardrobe storage and emergency call buttons. The rooms are spacious and bright, with large windows that look out to the landscaped gardens.

#### **Facilities**



Trained staff offering 24-hour care



Three large common loungerooms



Weekly doctor visits, using the in-house clinic



Mini bus for excursions



In-house hairdresser



State-of-the-art medical facilities



Onsite library and games room



Person Centred Software, designed to ensure that your care is delivered in a way that you choose

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Two dining rooms



Meals prepared on site and cooked fresh daily



Gourmet on-site café



In-house pharmacy



Outdoor recreation area



Outdoor chapel dedicated to our veterans



Floating meal times with a daily rotating menu

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Nutritious and fresh meals, with a focus on choice is part of the Vietnam Veterans tradition at Keith Payne VC Hostel.

Prepared onsite and served across our two dining rooms, our residents enjoy a variety of dishes every day. Catering for special dietary needs, our onsite chef rotates menus based on feedback from our residents and their preferences. For further flexibility, Vietnam Veterans Keith Payne VC Hostel is proud to offer floating mealtimes with a daily rotating menu, offering three choices of hot meals. Our floating mealtimes allow you to dine when you want to, and this can vary each day.

Chatting over a cup of tea is often a familiar and enjoyable time with family and friends, and visitors are welcome to use our onsite café. The café is operated exclusively by our very own staff and offers a range of mouth-watering sweet and savoury snacks, as well as barista-made coffees, all of which can be enjoyed whilst browsing through the extensive collection of large-print books in the café library.



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#### Lifestyle

Vietnam Veterans Keith Payne VC Hostel is more than just a residential care facility. Our community has a number of lifestyle options to suit you, no matter your interests or preferences.

Our dedicated lifestyle and activities team are there to make sure every day is different. Perhaps you'll join an exercise program, sit back and enjoy a movie night, get into some crafts, or play games with other likeminded residents. For residents who may not be able to join activities in our Activity Rooms, our team visit individual rooms every day to make sure that no matter your care needs, you don't miss out.





Bingo

Word Games





Movies and Films

Entertainment





Outings and Excursions



Arts and Crafts



Exercise



Games and Clubs



#### **Respite Care**

At Vietnam Veterans, we're here for you and understand that whether for a few days, weeks or months, everyone needs a break or some time for respite.

Vietnam Veterans Keith Payne VC Hostel offers respite care accommodation on an at-need basis. Circumstances that necessitate respite accommodation may include: • recovery from illness

- post-surgery
- · domestic carer's leave.

Vietnam Veterans' team of trained professionals can take over the domestic caring role on a daily or even hourly basis, providing a welcome opportunity for domestic carers to attend to personal errands, chores or simply rest.

With access to all the facilities our residents enjoy, as well as our dedicated care team, it's the ideal way to ensure that your loved one is safe and cared for.







#### Finance

We understand that dealing with the financial aspects of moving into residential aged care can be confusing and confronting, especially when the situation may be urgent or complex.

How much you pay towards care, accommodation and daily living costs vary from individual to individual and depends on your financial situation. The Australian Government regulates this strictly to ensure that you pay no more than you can afford. The Australian Government sets the maximum fees for care and daily living expenses, and there are also rules about how much you can be asked to pay or contribute to your accommodation.

You may be asked to pay one or more of the following:

- A basic daily care fee for the cost of your daily care needs (dispensing medication, showering, cleaning etc).
  Depending on your financial situation this may be the only fee you need to pay.
- A means-tested care fee. This is an additional contribution towards the cost of care that some people may be required to pay. Centrelink or the Department of Veterans' Affairs (DVA) will assess if you are required to pay this fee based on an assessment of your income and assets, and will advise you how much if any you need to pay.

- An accommodation payment. This includes things such as meals, electricity and laundry. Some people will have their accommodation costs met in full or part by the Australian Government, while others will need to pay the accommodation price agreed with the aged care home. Centrelink will advise you which applies to you based on an assessment of your income and assets.
- Fees for extra or additional optional services.

Our aim is to make your life as easy and simple as possible. We are always happy to explain the costs associated with the care we provide.

The Australian Government's My Aged Care service is very helpful in outlining what aged care services are available, how to apply for aged care and the fees associated with aged care. The contact centre number is **1800 200 422** and the website is **www.myagedcare.gov.au/finda-provider/aged-care-homes/1823031**.

Our supportive and understanding team are available to assist you. Please contact us with any questions on **02 4397 1344**.

#### **Contact Us**

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