



# Aino

LIVING

KILLARNEY COURT

## *Aino Living Advocate*

April 2024



# Lifestyle Message

Welcome to April! We hope you had a lovely Easter and that the Easter Bunny was good to you all.

This month we will start off with some clowning around on the 1st for April Fools day, we are sure that won't be too hard for most of us here at Killarney Court as we all love some fun and laughter.

On the 16th representatives from the Doyalson RSL will be joining us, along with the Brisbane Brass Water Band, to provide us with our 2024 Anzac Service at 10.30am.

Get ready to groove the afternoon away to celebrate Abba's 50th Anniversary. To celebrate the iconic band staff will be performing an Abba Karaoke show on Thursday the 18th at 2.00pm. The line up is larger than ever and rehearsals are well underway so get your dancing shoes ready for a huge performance.

On Monday 22nd we will be remembering the great Barry Humphries with a Barry Humphries tribute hour.

Tuesday the 23rd we will celebrate St Georges day with a virtual vacation to England.

Two Killarney Court favourites Dave Greville and Charlie Saliba will also be along to Entertain you all during the month.

With all our regular and popular activities it is sure to be a fun jam packed month again.

*Your activities team*

**Sam, Mitch and Sharon.**

## KILLARNEY COURT APRIL ACTIVITIES 2024

SUN	MON	TUE	WED	THU	FRI	SAT
<b>HAIRDRESSER FROM 8.30 EACH TUESDAY BUS OUTINGS DEPENDANT ON WEATHER</b>	<b>1 APRIL FOOLS DAY</b> 9.45 Interactive Word Games 10.00 Exercise With Sammy 11.00 Clowning Around 2.00 Cards	9.45 Exercise Group 10.00 Movement to Music 11.00 Dice Tic Tac Toe 11.00 Catholic Service 2.00 Dave Greville Concert	9.45 Exercise Group 9.45 Morning Tea Outing 10.00 Balloon Games 11.00 Giant Beer pong 1.30 Movie Afternoon 1.45 Scenic Bus Outing	9.45 Interactive Word Games 10.00 Exercise with Physio 11.00 World Games 2.00 Pick a Box Bingo 2.00 Sensory Activities	9.45 Exercise Group 10.00 Ball Exercise 11.00 Wheel Of Fortune Toss 11.00 Anglican Service 2.00 Men's Group 3.30 Ice Cream Social	10.00 Music Morning 2.00 Movie Afternoon Puzzles and Board Games in the Activities Room
10.00 Anglican TV Service 2.00 Movie Afternoon Puzzles and Board Games in the Activities Room	9.45 Exercise Group 10.00 Ball Exercise 11.00 Music Trivia 2.00 Nail care	9.45 Exercise Group 10.00 Movement to Music 11.00 Dice Bingo 2.00 Keno 2.00 Individual Activities	9.45 Exercise Group 9.45 Shopping Bus Outing 10.00 Balloon Games 11.00 Noughts and Crosses Toss 1.30 Movie Afternoon 1.45 Scenic Bus Outing	<b>11 FOOTY THURSDAY</b> 9.45 Interactive Word Games 10.00 Exercise with Physio 11.00 Virtual Quiz 2.00 Pick a Box Bingo 2.00 Sensory Activities	9.45 Exercise Group 10.00 Ball Exercise 11.00 Spin the Wheel Trivia 2.00 Art Therapy 3.30 Ice Cream spiders	10.00 Music Morning 2.00 Movie Afternoon Puzzles and Board Games in the Activities Room
10.00 Catholic TV Service 2.00 Movie Afternoon Puzzles and Board Games in the Activities Room	9.45 Exercise Group 10.00 Movement to Music 11.00 Anzac service 11.00 Who am I singers Quiz 2.00 Cards 2.00 Sing-along	9.45 Exercise Group 10.00 Movement to Music 11.00 Anzac Morning Tea 2.00 Pokeno 2.00 Individual Activities	9.45 Exercise Group 10.00 Balloon Games 10.30 Club Lunch Outing 11.00 Bocce 1.30 Movie Afternoon	<b>18 ABBA KARAOKE SHOW</b> 9.45 Interactive Word Games 10.00 Exercise with Physio 11.00 Spin the Wheel Trivia 11.00 Catholic Rosary 2.00 Staff AbbaDabbaDoo Karaoke Show	9.45 Exercise Group 10.00 Ball Exercise 11.00 Morning Tea in the Courtyard 12.30 BBQ Lunch 2.00 Charlie Saliba Concert 3.30 Milkshakes with Mates	10.00 Music Morning 2.00 Movie Afternoon Puzzles and Board Games in the Activities Room
10.00 Anglican TV Service 2.00 Movie Afternoon Puzzles and Board Games in the Activities Room	<b>REMEMBERING BARRY HUMPHRIES</b> 9.45 Exercise Group 10.00 Ball Exercise 11.00 Barry Humphries Tribute 2.00 Nail Care 2.45 Beats With Jo	<b>23 ST GEORGE'S DAY</b> 9.45 Exercise Group 10.00 Movement to Music 11.00 Virtual Vacation to England 2.00 English Cafe 2.00 Individual Activities	9.45 Exercise Group 9.45 Shopping Bus Outing 10.00 Balloon Games 11.00 Bucket Ball 1.30 Movie Afternoon 1.45 Scenic Bus Outing	9.45 Interactive Word Games 10.00 Exercise with Physio 11.00 Catholic Rosary 2.00 Staff AbbaDabbaDoo Karaoke Show	9.45 Exercise Group 10.00 Ball Exercise 11.00 Pictionary 2.00 Art Therapy 3.30 Ice Cream Social	10.00 Music Morning 2.00 Movie Afternoon Puzzles and Board Games in the Activities Room
10.00 Catholic TV Service 2.00 Movie Afternoon Puzzles and Board Games in the Activities Room	9.45 Exercise Group 10.00 Movement to Music 11.00 Resident Meeting 11.00 Pokeno 2.00 Individual Activities	9.45 Exercise Group 10.00 Movement to Music 11.00 Resident Meeting 2.00 Pokeno 2.00 Individual Activities	<b>APRIL'S FOOLS DAY!</b> 	<b>ANZAC DAY</b>  ANZAC DAY <i>Left we fight</i>	9.45 Exercise Group 10.00 Ball Exercise 11.00 Pictionary 2.00 Art Therapy 3.30 Ice Cream Social	10.00 Music Morning 2.00 Movie Afternoon Puzzles and Board Games in the Activities Room



# Regular Events

## Monday

Interactive Word Games – 9:45am  
Exercise with Physio – 10:00am

## Tuesday

Exercise Group – 9:45am  
Keno – 2:00pm

## Wednesday

Exercise Group – 9:45am

## Thursday

Interactive Word Games – 9:45am  
Exercise with Physio – 10:00am  
Pick a Box Bingo – 2:00pm

## Friday

Exercise Group – 9:45am

## Monday, 11th & 25th

Nail Care – 1:45pm

## Monday and Friday 4th & 22nd

Fortnightly BBQ – 10:30am onwards

## Monday 18th

Beats Movement and Music with Jo  
at 2.30pm

## Wednesday 6th & 20th

Shopping Bus Outing – 9:45am

## Wednesday 6th & 20th

Scenic Bus Outings – 1:45am

## Wednesday 13th

Ladies' BBQ Lunch Outing – 10:30am

## Wednesday 27th

Men's BBQ Lunch Outing – 10:30am

## Thursday 7th, 14th 28th

Footy Thursday's – 10:30am

## Friday 1st & 15th

Art Therapy – 2:00pm

## Friday 4th & 22nd

Fortnightly BBQ – 10:30am onwards

# Special Events April

## Monday 1st

April Fools Day  
11am: Clowning Around

## Tuesday 2nd

Dave Greville Concert 2pm

## Tuesday 16th

Anzac Service 10:30am

## Thursday 18th

Staff Abba Karaoke Show 2.00pm

## Friday 19th

Charlie Saliba Concert 2.00pm

## Monday 1st

Barry Humphries Tribute Hour 11.00am

## Tuesday 23rd

St George's Day  
Virtual Vacation to England 11.00am  
English Cafe 2.00pm

## Thursday 25th

Anzac day

## Monday 29th

Birthday Morning Tea 10.45am



# April Birthdays

Tuesday

**2nd**

Doreen Messer

Wednesday

**17th**

Barbara T

Thursday

**25th**

Noni James

Saturday

**27th**

Joe Guy

Tuesday

**27th**

Adrian Oborn



## Our March

### ART THERAPY

While art therapist Lisa was unable to join us last week due to illness, our residents at Killarney Court embraced the opportunity to unleash their artistic talents and created some wonderful pieces!







## EGG AND SPOON RACES

Killarney Court's first Easter activity was a cracking success! Residents formed two teams and raced with eggs and spoons, passing them carefully in one hand (no dropping allowed!). If they dropped it, back to the start they went! After four rounds, with a five-minute time limit each, the pink team emerged victorious by a single egg. Everyone had an egg-cellent time!





## WORLD POETRY DAY

Harmony Day and World Poetry Day were brought together for our residents and staff at Killarney Court who joined forces for a vibrant celebration.

The festivities began with a dazzling display of cultural costumes. We then embarked on a journey around the world through sound, listening to the inspiring national anthems of our residents' home countries. To further enrich the experience, poems were shared from each culture.

To conclude this special day, we embarked on a delicious adventure – a taste of the world! A smorgasbord awaited, featuring culinary delights from each culture represented in our home. Everyone savoured the flavours and came together in a spirit of shared appreciation.

Tom, particularly proud in his kilt, beamed alongside all the residents who held their national flags high. It was a day filled with joy and unity.

## FAREWELL CHICKENS

Killarney Court residents bid a fond farewell to their chicks before they head back to the farm, after their hatching in early March.

The residents and staff have loved looking after the chicks and watching them grow so much!







## NAIL CARE

Each fortnight our Killarney Court residents have the chance to be pampered and enjoy a nail care afternoon.

They enjoy music, chats, and share a lot of laughs!

This time our ladies were joined by a gent, with Adrian getting into the the spirit and painting his nails green to celebrate St Patricks Day.





## CHICKEN RUN

Nothing brings the fun and competitive spirit like a 'chicken' run at Killarney Court!

Our residents had an absolute blast, splitting into two teams:

### The Chickie Babes VS The Chickadees

The residents threw eggs into the chooks' buckets and the aim was to keep as many as possible in there as they were guided through a course to then to tip them into another bucket at the end.

The Chickadees quacked away the winners, with 32 eggs versus the Chickie Babes' 28.

A very funny, festive event for everyone involved!





## MEN'S GROUP

Our Killarney Court Mens Group (plus one lady!) were off to the races with their first afternoon of remote control races.

While it took a bit of time getting used to the controls, there was plenty of laughter and jokes as the residents learnt their way around there speedy roadsters.

The teams are looking forward to more race meets and are sure to become professionals in no time!



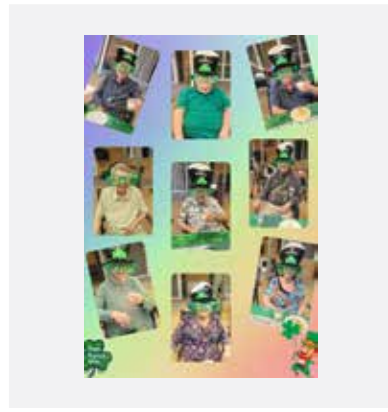
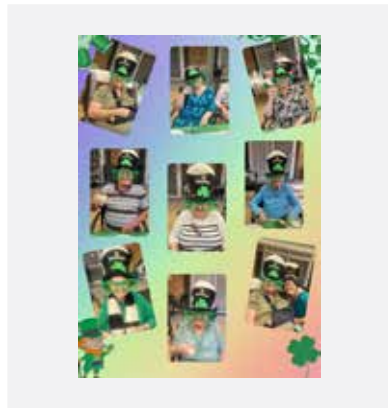


# ST PATRICK'S DAY

To be sure, to be sure!

Residents of Killarney Court and Rumbalara House had a ball celebrating St Patricks Day!

Killarney Court festivities began with Irish entertainer Patrick Brady singing some lovely Irish tunes as residents sang and danced along to songs of their era and ended with an Irish happy hour of beer, Bailey's, music and some Irish Trivia.





## INTERNATIONAL WOMEN'S DAY

The ladies of Killarney Court enjoyed a delightful high tea for International Women's Day on Friday. Each lady received a special purple rose - a reminder of their strength and spirit.







## HARMONY DAY

Yesterday brought together Harmony Day and World Poetry Day, so our residents and staff at Killarney Court joined forces for a vibrant celebration.

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# WORDSEARCH

## ANZAC DAY



APRIL

MEDALS

POPPY

WREATH

ARMY

PARADE

SERVICE

BUGLE

PEACE

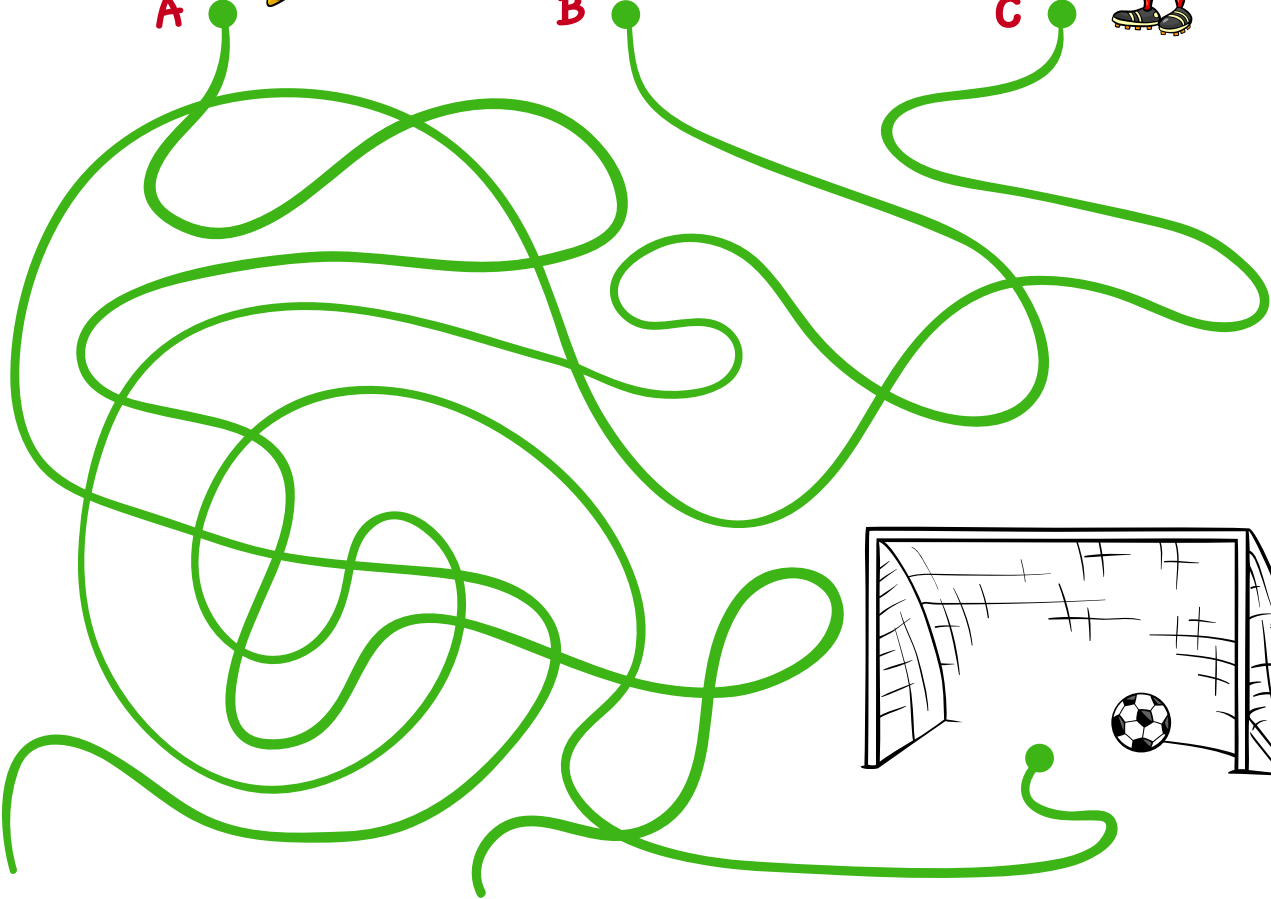
SILENCE





# Just for fun

## PATH PUZZLE



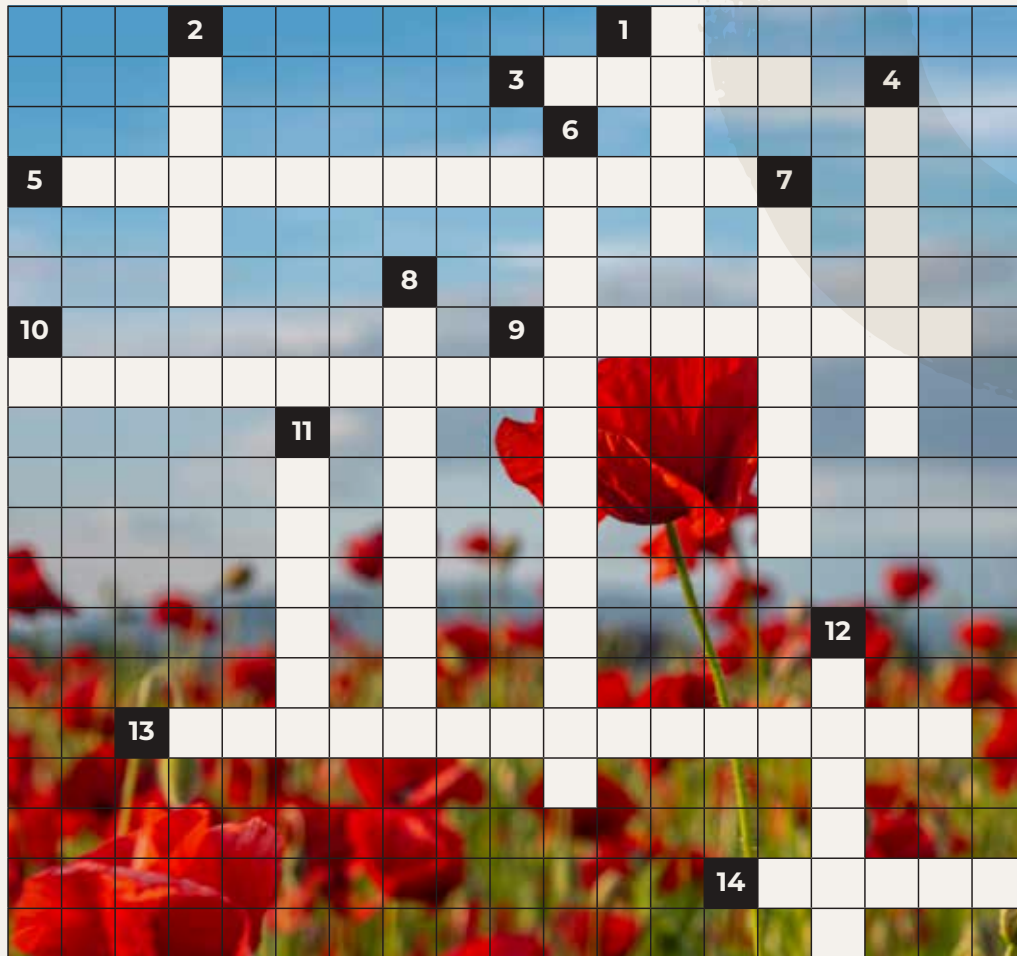
# Just for fun

SPOT THE DIFFERENCE - 7 TOTAL





# ANZAC DAY CROSSWORD



**ACROSS**

- 3. The flower symbol often used to commemorate Anzac Day?
- 5. The type of biscuit often made and eaten on Anzac Day?
- 9. A place that is specifically built for remembrance.
- 10. Anzac Day is a national day of...
- 13. Which major conflict did the Anzac soldiers participate in?

14. A musical instrument that is traditionally played during Anzac Day ceremonies.

**DOWN**

- 1. The month in which we observe Anzac Day.
- 2. The acronym used for the Australian and New Zealand Army Corps.
- 4. A value the ANZAC soldiers showed
- 6. What is the main purpose of Anzac Day?

7. The country where the Gallipoli Peninsula is located.

- 8. The tune that gets played in an Anzac Day service.
- 11. Nickname for Aussie soldiers.
- 12. A game that is played to commemorate Anzac Day.

# Staff member *in focus*

**Kelly ...**

**What is your role and what do you do on a daily basis?**

Care staff member.  
Provide care for all residents.

**How long have you worked at Alino Living?**

Just over a month.

**What is the most memorable moment or experience from your time at Alino Living?**

When not long after I started the residents started remembering my name

**What do you love about working at Alino Living?**

Every day is a new experience.



**What do you enjoy outside of work? (hobbies, passions etc.)**

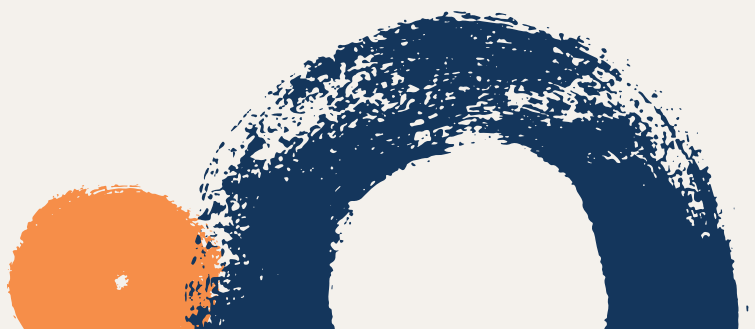
Spending time with my kids.

**What is an interesting fact about you?**

I use to be a Plumber.

**Do you have a life motto?**

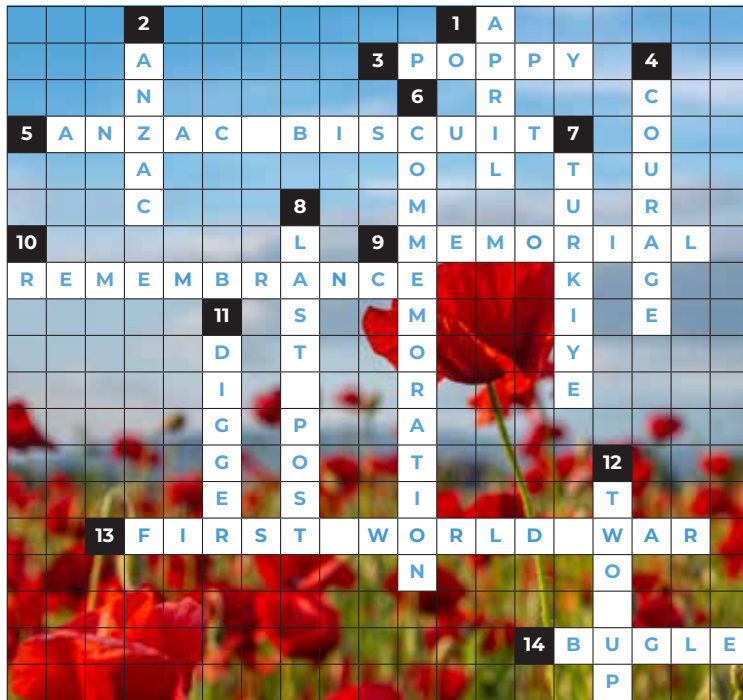
No questions is a stupid question, It's stupid not to ask a question.



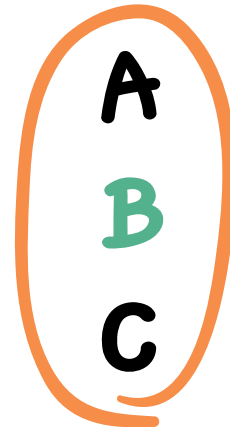


# FUN AND GAMES ANSWERS

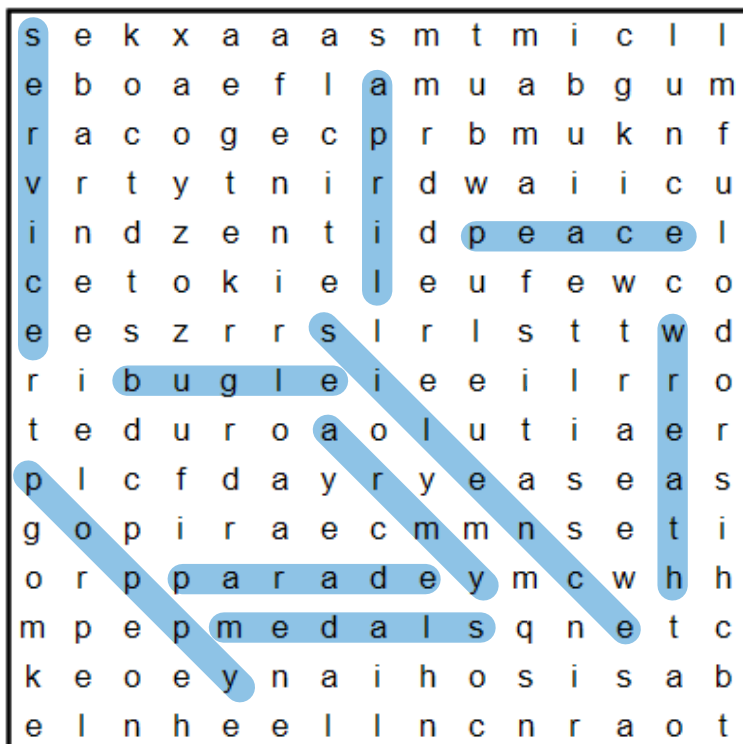
## ANZAC DAY CROSSWORD



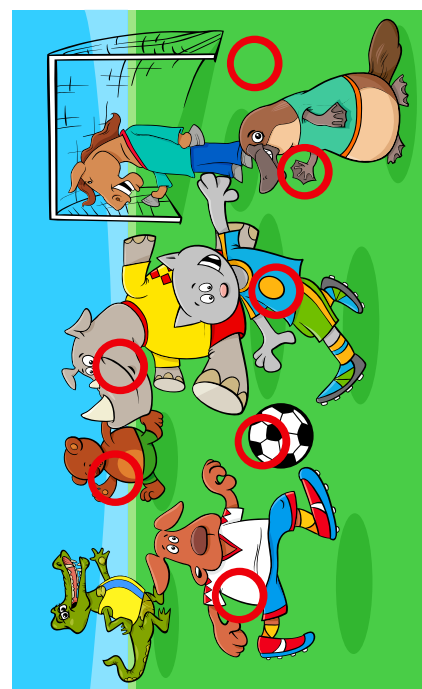
## PATH PUZZLE



## ANZAC DAY WORD SEARCH



## SPOT THE DIFFERENCE





## CONTACT DETAILS

**Samantha Lahiff**  
Lifestyle Coordinator  
Killarney Court  
[slahiff@alinoliving.com.au](mailto:slahiff@alinoliving.com.au)  
02 4389 1133