



Alino

LIVING

ADELENE VILLAGE

Voice of the Village

August 2024



CEO Report

Hello to all,

With the new financial year underway we are looking to another busy year in the village.

At a recent meeting of the Board of Directors we discussed the ongoing upgrade work required in the village. The Board are monitoring expenditure in Independent Living and their DMF obligations very closely, being mindful of the position Adelene was in a few years ago. Alino Living is in a good position financially; however, due diligence is required to remain so.

In the 2023-2024 financial year the Board were generous in allocating funds for upgrades and improvements, which saw expenditure exceed the planned financial allocation. Some much-needed work was completed on various homes. More detail on the work funded by the operator during the last financial year will be available at the annual management meeting (date to be advised).

This year, our operator budget is in line with the forecasted expenditure in the Asset Management Plan. We are currently seeking quotes for priority work which will see us continue with fencing, roofs, gutters, facias and eaves.

There has been no decision made on the ongoing use of Adelene Court. We have been speaking with organisations however these have not resulted in anything definite. We will advise you once there is positive news. You can read more in responses to the Residents' Committee minutes.

Our next CEO catch up will be held on Tuesday 3 September at 9.30am in The Hub, this is your opportunity to discuss concerns, share ideas and engage in open dialogue. We hope to see you there.



Justin

Justin Dover
Co-CEO
Alino Living



Greg

Greg Williams
Co-CEO
Alino Living

From Marita

We are now in August the last month of winter, and I for one am looking forward to warmer weather. Recently, I was reminded (come August) we have less than 150 days until Christmas. Yes, you heard it correctly! This reminder came from a friend's very excited six-year-old Granddaughter who, through the magical eyes of a little one has commenced the countdown to her next Santa visit. All I could think was didn't we just have Christmas?

I would like to say a heartfelt thank you to those of you who offered to help while Nic was away. Your offers were very much appreciated.

We have recently reviewed our Independent Living Evacuation Plan, a copy is available in The Hub and on Centrim under Lifestyle, Resources. If you would like to collect a copy, please let me know and I will print one for you.

Also, on Centrim under Lifestyle, Resources are:

- Village rules
- Residents' committee members and their contact details
- Feedback form
- Minutes of CEO meetings

Policies including:

- complaints
- dispute resolution,
- conflict of interest,

- elder abuse in retirement villages
- identification and prevention,
- overnight-short term and long term visitor stay
- staff selection
- competency and training
- staff access to independent living homes

If you would like to collect a copy of any of the above, let me know and I will print it for you. Nic will be running more group training on Centrim and one on one training is available by booking in with Nic.

We have also developed a booklet to consolidate the information you have on safety, emergency procedures and general information, this is helpful tool when moving into the village. It provides an easy source of reference in your home that can be updated as required. This booklet does not replace the village rules or your residence agreement/contract. You will find a copy in this edition for behind the laundry door and Nic and I will answer any questions in our home visits in September. Thank you to the residents and the residents' committee who assisted with proof-reading and suggestions.

We are expecting the next few months in the village to be busy.



From Marita *Continued*

We will do our best to keep disruption to a minimum, but some of the work will generate noise. If you are concerned about any of the work being done, please contact me.

Nic and I are completing an industry training course on delivery of service for positive outcomes. We will be in training on the afternoons of Thursday 22 August and Thursday 29 August.

Graeme will be completing odd jobs this month.

Monday 5 August The Hub will close at 2.15pm for cleaning of carpet and fabric chairs. I apologise if this causes any inconvenience.

September will see our in-home safety visits commence, these visits form part of the emergency and evacuation training for occupants of the village. We will also have pest inspections completed on homes commencing 9 September. You will receive a call from me or Nic booking you in for these inspections.

Weather permitting gutter clearing in high vegetation areas will commence the third week in September. Following gutter clearing the washdown of villas 8 to 33 will commence. Once dates for the washdown have been confirmed by the company completing the work, we will notify the occupants of the villas.

The tree management audit conducted earlier this year has shown several trees that require removal or pruning. This work has been scheduled (weather permitting) for the 16,17,18 September. This work will take place near villas 89 – 90,94,64 and the green space on Crowger Way. If you live in these areas and have any questions please do not hesitate to call me.

Optional window cleaning will be available mid-October if you wish to partake – see more in this edition.

Optional air conditioner servicing will be available from early October – see more in this edition.

For those of you living at the Kallawarra Road end of the Village, I have been in contact with Ausgrid regarding the telegraph pole that is lying outside the village boundary fence. Ausgrid have advised there has not been a date set for the pole work, the end date for the work to be completed is May 2025. Let's hope it is moved sooner than that.

Lastly, after a very lengthy report, I will be taking an annual leave day on Thursday 15 August then having two weeks annual leave from 26 August returning Monday 9 September, during this time Nic will be working Tuesday to Friday

Enjoy your August.
Marita

Note from Nic

July has been a strange month for me, and as most of you know, I had to fly back to the UK to see my dad who is very sick. We made some lasting memories together and can not thank you enough for your support and wonderful caring words. work with a wonderful group of people and have such a loving, kind, supportive village community. From the bottom of my heart thank you!

On a positive note, I moved house on Monday 22, three days after returning from the UK. Everywhere in my new home are boxes, and I can't find much I did manage to find my uniform, however, and my toiletries. I am also only a few minutes' drive to work which is so lovely, and we are slowly settling into our new home.

So, this voice brings me to August our last month of winter (I cannot wait to feel spring) this month we have Donna-Lou's fashion show aka Cheryl. Cheryl is the lady who runs these wonderful fashion shows, it will be a great morning, so bring along family and friends, it is \$5 and includes morning tea. We will need good numbers for this event so please make sure you book by the 19 August.

In August I be trialling a monthly bus outing where I will attend. This trip will be geared to people who need my assistance to get on and off the bus. If we go to a restaurant and enjoy it, we will make sure we put it on the following month for those who don't need my assistance, so you don't miss out. Village resident helpers will be welcome to join us.

Memories and memorabilia this month will be old pictures old memories, old articles, and anything that to you is important. Having just visited the UK I found a few things from my great grandma I would love to share with you (I promise to find the suitcase they are packed into).

Don't forget that any of the activities I provide are all to be booked in for unless otherwise stated, this gives me and anyone providing a service a good indication of numbers.

We will also be running another training session on Centrim for anyone wanting to set this up on their device or to brush up on how Centrim works, this will also be a session to book. Please remember to bring any passwords you may need for devices to the session, look forward to seeing you.

Have a wonderful August,
Nic

August 2024 calendar

Mon	Tue	Wed	Thu	Fri
			1	2
			<ul style="list-style-type: none"> 🚌 9:30AM Shopping bus Gosford ☀️ 10AM Cafe Open - 10.00am to 3.00pm 🍷 11AM Craft with Nic 🍷 1PM Rummikub 	<ul style="list-style-type: none"> 👣 9AM Zumba ☀️ 10AM Cafe Open - 10.00am to 3.00pm 🧩 1PM Ouiz with Nic
5	6	7	8	9
<ul style="list-style-type: none"> ☀️ 10AM Cafe Open - 10.00am to 3.00pm ☀️ 2:15PM The Hub closes for cleaning at 2.15pm today 	<ul style="list-style-type: none"> ☀️ 10AM Cafe Open - 10.00am to 3.00pm 👣 12PM Resident led exercise group 🍷 1PM Rummikub 	<ul style="list-style-type: none"> 👣 9:30AM Move and Groove ☀️ 10AM Cafe Open - 10.00am to 3.00pm 🧩 1:30PM Indoor Bowls with Joan and Pat 	<ul style="list-style-type: none"> 🧩 9:30AM Bus Trip - Mens day out - Hole in Fun Lisarow ☀️ 10AM Cafe Open - 10.00am to 3.00pm 🍷 11AM Birthday Morning Tea 🍷 1PM Rummikub 	<ul style="list-style-type: none"> 👣 9AM Zumba ☀️ 10AM Cafe Open - 10.00am to 3.00pm
12	13	14	15	16
<ul style="list-style-type: none"> 👥 1:30PM Residents meeting with the Residents' Committee 👥 2PM Residents' Committee Meeting 	<ul style="list-style-type: none"> ☀️ 10AM Cafe Open - 10.00am to 3.00pm 👣 12PM Resident led exercise group 🍷 1PM Rummikub 	<ul style="list-style-type: none"> 👣 9:30AM Move and Groove with Nic ☀️ 10AM Cafe Open - 10.00am to 3.00pm ☀️ 12PM East Gosford Podiatry - 🍷 3:30PM Music with Ken and Tina 	<ul style="list-style-type: none"> ☀️ 10AM Cafe Open - 10.00am to 3.00pm 🚌 11:30AM Nic's Lunch Trip to Trojan's Terrigal for people needing assistance 🍷 1PM Rummikub 	<ul style="list-style-type: none"> 👣 9:30AM Zumba ☀️ 10AM Cafe Open - 10.00am to 3.00pm 🧩 1PM word maker
19	20	21	22	23
<ul style="list-style-type: none"> ☀️ 10AM Cafe Open - 10.00am to 3.00pm 📺 3PM Movie Afternoon - And so it goes 	<ul style="list-style-type: none"> ☀️ 10AM Cafe Open 👣 12PM Resident led exercise group 🍷 1PM Rummikub 	<ul style="list-style-type: none"> ☀️ 10AM Cafe Open 🍷 11:30AM Memories and Memorabilia 👣 3PM Centrim Group Training with Nic - Free. The Hub. 	<ul style="list-style-type: none"> 🧩 9:30AM Shopping Bus Gosford ☀️ 10AM Cafe Open 🍷 10:30AM Cheryls fashion show RSVP essential by Monday 13th August, 12 noon as confirmation needs to be made 🍷 1PM Rummikub 	<ul style="list-style-type: none"> 👣 9AM zumba ☀️ 10AM Cafe Open 🧩 1PM Rebus puzzle 🧩 2:30PM In out and about committee AGM
26	27	28	29	30
<ul style="list-style-type: none"> ☀️ 10AM Cafe Open - 10.00am to 3.00pm 	<ul style="list-style-type: none"> ☀️ 10AM Cafe Open ☀️ 11:30AM Manicure/Hand Massage with Nic (IN HOME) 👣 12PM Resident led exercise group 🍷 1PM Rummikub 	<ul style="list-style-type: none"> 👣 9:30AM Move and Groove ☀️ 10AM Cafe Open 🍷 1:30PM Book Club - come along and meet some neighbours. 	<ul style="list-style-type: none"> ☀️ 10AM Cafe Open 🧩 11:30AM Lunch to The Captain's Table Forrester's Beach. RSVP 22nd Aug as bookings are required 	<ul style="list-style-type: none"> ☀️ 10AM Cafe Open 🍷 10:30AM Daffodil day RSVP Mon 26th Aug 12noon for catering purposes

Happening *in the Village*

Annual villa/unit inspection

September will see our annual home safety inspection conducted. Nic and Marita will be conducting the inspections, and you will be contacted by phone to arrange an inspection time. A demonstration on how to use your fire blanket and an update on evacuation and emergency buzzers procedures will form part of the inspection.

Window Cleaning

Optional window cleaning will be available mid-October. The cost for a standard villa inside and outside windows is \$150. If you wish to partake you can contact Bouddi Window and Gutter Cleaning on 0499 325 204. You can use any company you wish however please check they have current ICare and Public Liability Insurance.

Air conditioning

Optional air conditioner servicing will be available from early October. If you wish to partake you can contact Twin Lakes Air Conditioning on 4396 9020.

For residents who wish to partake in the 'BULK MAINTENANCE' allocated dates offer, the rate will be as follows (GST included to make it easier); (Twin Lakes will advise the dates)

1x WHS - \$77.00 incl GST
2x WHS - \$104.50 incl incl GST
1x DUCTED - 121.00 incl GST

If residents decide not to be a part of the Bulk Maintenance and book at a later date they will be charged at our normal PENSIONER DISCOUNT rate as follows;

1x WHS - \$135.85 incl GST
2x WHS - \$167.20 incl GST
1x DUCTED - \$167.20 incl GST

You can use any company you wish however please check they have current ICare and Public Liability Insurance.



Happening in the Village

Continued

Village Contract Information Meeting

If residents would like to book a village contract information meeting with Marita, please submit a request in writing. This can be done via sending an email to mbrocklehurst@alinoliving.com.au or dropping a written request to the Administration Office. You can nominate person/s to attend this meeting with you.

Book Club

Book Club is up and running again and we meet the last Wednesday of the month at 1.30pm. You do not need to buy books so there is not added cost involved. Come along and see Ken in the library for more information.

Indoor Bowls

Joan and Pat will be hosting their first indoor bowls afternoon on Wednesday 7 August at 1.30pm. Come along and give it a try. It doesn't matter if you are a novice there will be someone to guide you.

The more the merrier so if you are not doing anything that afternoon we look forward to seeing you there.



Stepping On – Falls Prevention Program

Commencing 1 August, we will be hosting Catholic Healthcare and their Stepping On – Falls Prevention Program in The Hub from 9.00am each Monday morning. Below is an outline of what the program is about, if you wish to participate or to find our more please give Stephanie Long a call.

All Catholic Healthcare's programs have an overall focus on improving strength, flexibility, coordination, fitness and balance to promote safety and confidence in independent mobility and falls prevention. The programs are also a great way to engage in social connection.

Our successful and innovative exercise classes are taught by leading professionals and aim to support you to be the best version of yourself!

Please do not hesitate to contact:

Stephanie Long, Health and Wellness Program Coordinator on **0478 282 765** should you have any questions or if you wish to register for any classes.

Catholic Healthcare is excited to announce we will be bringing the Stepping On falls prevention program to Alino Living!

This seven-week program is suitable for

- People aged 65+ years, or Aboriginal people aged 45+ years, who have a fear of falling or have had a recent fall.
- Participants must be able to walk independently, or with a walking stick.
- Stepping On is not suitable for people with dementia or other neuromuscular conditions.

What is involved?

- Weekly 2-hour sessions delivered at The Hub (7-week duration).
- Talks from experts on fall prevention topics.
- Gentle group exercise to improve your balance.

The month that *was*

A WINTERY GOOD TIME AT THE BEACH

Joyce braved the elements to spend some quality time with her son at the beach. The winter chill did nothing to dampen Joyce's fun!



JULY BIRTHDAY MORNING TEA

It was great to be able to celebrate July birthdays with this group. There was certainly some lively chatter. For those who couldn't make it, we hope you enjoyed your special day.



A CURIOUS VISITOR

Sandra wasn't expecting visitors, but that wasn't to say he wasn't welcome. The inquisitive insect took up occupancy at Sandra's for a few weeks and kept her amused with antics.



WEDNESDAY MORNING MOVE AND GROOVE

Thank you to Ken for leading the move and groove group in Nic's absence. If you haven't worked your laughing muscles in a while come along to this group. They have so much fun.

The month that *was* Continued



BREAKERS COUNTRY CLUB LUNCH

A lovely lunch was had at Breakers Country Club in July.



IN OUT AND ABOUT SOUP LUNCH

Our lunch was very special with the choice of four different soups. We all tried a few different ones made by our wonderful chefs. Thank you Jan, Robyn, Sandra, Yvonne and Pat Courts created table decorations for the Paris Olympics day.

CRAFT

Thank you, Tina for leading the craft group in Nic's absence. The group created table decorations for the Paris Olympics day.

PARIS FOR THE OLYMPICS

Regretfully, we had to cancel our Paris Olympics day due to insufficient numbers. Hopefully as the weather warms up we will see the planned events go ahead.

Regular Activities *Held in The Hub*

Also see calendar
Bookings open!

Book Club

last Wednesday of the month 1.30pm in The Hub, no cost and no book purchases unless you chose to

Wednesday 21 August – Centrim Group Training with Nic

3.00pm – Free in The Hub. Bring your device and passwords to access the device.

Craft with Nic

First Thursday of the month at 11.00am. If you're not one for crafting, come along anyway and join in on the conversations.

Exercises in The Hub

Resident led **Tuesday** 12.00 noon. Contact Jan Farrell for more information.

Manicure and Hand Care with Nic

Third Wednesday of the month. If you would like your nails done and are in need of some well-deserved pampering, contact Nic.

Move and Groove with Nic

Wednesday morning 9am – no cost. Just come along or contact Nic for more information.

Memories and Memorabilia

old pictures, old memories, old articles

Do you remember this?



Music Group with Ken and Tina

Second Wednesday of the month 3.00pm

Quiz with Nic

First Friday of the month. Free activity. Come along and test your knowledge!

Rebus Puzzle

Friday 4 –23 August, 1.00pm. Free activity

Oh, my goodness, I had the pleasure to take this group while Nic was away. The group was very patient with me as I muddled through and what fun it was. From the friendly banter, to the cheeky, to the serious, to the competitive, to the supportive – it was so much fun! What a great way to spend some afternoon time. Come along in August I'm sure you will have a great time. Marita

Rummikub

Every Tuesday and Thursday at 1pm in The Hub, unless other events are being held in The Hub.

Wordmaker Quiz

Third Friday of the month from 1pm. Free activity.

Zumba with Haruko

Friday morning 9am and Tuesday 12noon. Contact Nic or Marita for details.

Monday Movie Afternoon

Third Monday of the month 3.00pm – **And So It Goes**, After his estranged son asks him to raise the granddaughter he didn't know he had, intolerant Oren pawns the girl off on his lounge singer neighbour Leah.

But over time, Oren's cramped heart begins to open, proving it's never too late to change. *Cast: Michael Douglas, Diane Keaton, Sterling Jerins, Paloma Guzmán, Frances Sternhagen, Frankie Valli.*

Rated M

SAVE THE DATES

August

Thursday 1 August – Shopping bus

Gosford, departs 9.30am. **cost \$5**

Thursday 8 August – Men's Day Out Hole in Fun, Lisarow.



Come along for a men's only day and have fun and laughs. Entry cost includes coffee at their café.

Cost \$17.50 pp, bus fare \$5

RSVP by Monday 5 August as prior booking is required

Thursday 15 August – Trojans Restaurant Terrigal

Nic will be taking you to Trojan's restaurant at Terrigal for lunch – menu available from Nic. This trip is for those of you who are having difficulty getting out and about on your own, using walkers or have difficulty getting on and off the bus on your own. Bus departs 11.30am, **fare \$5**, lunch at own expense.

RSVP by Friday 9th August as booking is essential

Thursday 22 August – Cheryl's Fashion Show 10.30am

RSVP essential by 19 August 2024

Join the fun and find your perfect outfit at the Adelene Village Fashion Parade. Enjoy the festivities for just \$5 (includes morning tea). After the parade, barista coffee will be available at the café for purchase.

Thursday 22 August – Shopping bus

Gosford, departs 9.30am. **cost \$5**

Thursday 29 August – Lunch at the Captain's Table Restaurant & Bar, Forrester's Beach.

Bus departs 11.30am, **fare \$5**, lunch at own expense. Menu in The Hub. Please note: Nic will not be attending this trip so you must be able to get on and off the bus on your own. Depending on parking you may need to walk on bitumen roadway. RSVP 12 noon Thursday 22 Aug as booking will need to be made. Carers welcome.

Friday, 30 August 10:30am – Support Daffodil Day

Join us in raising funds for the Cancer Council on Daffodil Day. We'll be hosting a morning tea with tea, coffee and treats. **Entry is \$5** and includes refreshments.

If you would like to help by contributing the morning tea table, please let Nic know – we would be very grateful!

All proceeds will be donated to the Cancer Council.

RSVP by Monday 26 August for catering purposes

Recycling

GET IT
SORTED



Glass bottles and jars



Plastic bottles and containers



Paper, cartons and cardboard



Steel, aerosol and aluminium cans

NON ACCEPTABLE ITEMS



Polystyrene



Unwanted or broken items



Shredded paper, tissues and paper towel



Nappies and medical waste



Long life containers



Plastic bags and wrappers



Crockery, drinking glasses and Pyrex



Hazardous or chemical substances



Clothing and linen



Paper cups and meat trays



1300 126 278 1coast.com.au



HEARING LOSS SUPPORT GROUP for

Hearing Impaired people
at

WHERE? Wyoming Community Centre
147 Maidens Brush Rd WYOMING

WHEN? Every Monday at 9 to 10am
(during school term)

Enjoy coffee in the Centre after the meeting.

WHAT DO WE DO? We are a support group for Hearing Impaired people. We focus on Lip Reading, share helpful hints about Hearing Aids, Cochlear Implants Assisted Listening Devices, etc. We meet in a quiet room, make friends, have a laugh.

Phone Gay - 0405 750 145 and she will arrange for someone to meet you at the door.

REMINDERS



Wednesday 14 August 2024

Alison Lyons will be visiting Adelene Village on Wednesday, 14 August. Residents with a current Medicare EPC or DVA D904 Referral in place are BULK BILLED.

Bookings are to be made directly with East Gosford Podiatry clinic – please phone 4325 0600.

We are always happy to welcome new patients!

Home Visits

If you are not on Nic's monthly, fortnightly or weekly home visit list and you would like to be, please contact Nic on 4380 9902.

Maintenance Requests

When you log a maintenance via Centrim, email:

mbrocklehurst@alinoliving.com.au

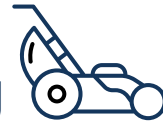
or **Reception@alinoliving.com.au** or

phone can you please let us know what day of the week is best for you. It is not always possible to get to your job on the day you lodge the requests and knowing the day/s of the week you will be home, helps with planning the workflow.

Batteries

If you have old batteries to dispose of, please do not throw them in the general waste. We collect batteries in the Administration Office and take them to a designated collection point. If you are dropping off batteries and no one is in the office, please pop them through the letterbox slot in the door.

Lawn Mowing



Weather permitting, the upcoming scheduled mowing dates are:

Tuesday 13 August 2024

Native Birds

We ask that you please refrain from feeding the native birds. The surrounding bush and native trees in the area provide a natural food source.

Feeding native birds the incorrect feed formula can cause them a number of health issues and can lead to deformities in their young.

Health Summary Reminder

If you keep a copy of your health summary in the envelope in the Perspex holder behind your door for medical emergencies, and it hasn't been updated in a while, ask your doctor to print you a new copy and update the envelope. This will provide paramedics with current information about your health status if an ambulance is called.

Garbage

To ensure everyone's comfort, please make sure your household waste in the red bin is securely tied in a plastic bag. Avoid using paper bags from supermarkets or shopping bags that can't be sealed properly.

Untied bags make it very difficult to keep the bins clean and control unpleasant odours.

Thank you for cooperating and keeping our community hygienic!

Wordsearch



Anemone
Cod
Coral Reef
Crab
Dolphin

Flying Fish
Halibut
Moray Eel
Mussel
Ocean

Octopus
Oyster
Salmon
Scuba Diving
Seabed

Seahorse
Seaweed
Shark
Shell
Squid

Tuna
Turtle
Urchin
Whale

Anagram

Can you rearrange these words to make 18 dance words?

1. Boodic

2. arbum

3. tzwal

4. viej

5. qipuckset

6. sabos avon

7. betall

8. frottox

9. angot

10. Idalabam

11. alass

12. switt

13. nac nac

14. niel caned.

15. pat acned

16. clamfone

17. lebyl caned

18. munitte

Wordsearch



Anagram

1. disco
2. rumba
3. waltz
4. jive
5. quickstep
6. bossa nova
7. ballet
8. foxtrot
9. tango
10. lambada
11. salsa
12. twist
13. can can
14. line dance
15. tap dance
16. flamenco
17. belly dance
18. minuet

Management and Services

Chief Executive Officers:

Justin Dover and Greg Williams
ceo@alinoliving.com.au

Independent Living, Operations Manager:

Marita Brocklehurst
Phone 4380 9903
Mobile 0422 644 129

Administration Office:

Phone 4325 3693

Cafe: Mobile 0458 014 378

Nic: Phone 4380 9901 (Wed, Thur, Fri)

CORRESPONDENCE TO THE OFFICE

Email: mbrocklehurst@alinoliving.com.au

Reception Email: admin@alinoliving.com.au

Residential Care Facility Manager:

Anna Ross

Reception: Phone 4325 3693
Monday to Friday 8am – 4pm

Residential Care Rumbalara

House: Phone 4325 3693

Maintenance: 8am – 4pm
Mon, Tues, Thur, Fri

YOUR FEEDBACK

Resident feedback forms are available in The Hub on the notice stand at the rear of the room. If you have a suggestion, complaint or compliment this form is another avenue to let us know.

You can also contact Marita or Nic directly if you have any feedback.

Marita 4380 9903 or
mbrocklehurst@alinoliving.com.au

Nic 4380 9901 or nkent@alinoliving.com.au

Emergency Phone Numbers

Medical & Security

Emergency: Ring "000"

Gosford SES: 132 500

Security:

(Day time 8.30am–4pm)

Phone Office 4325 3693

After Hours Security:

AlphaK9 Security - 0428 853 389

Health Direct: 1800 022 222

Police Assistance Line: 131 444

Seniors Rights Service:

02 9281 3600

info@seniorsrightsservice.org.au

Elder Abuse Action Australia:

(EAAA) Elderhelp:

1800 353 374

compass.info/about/contact-us

Law Access: 1300 888 529

Lifeline Australia: 13 11 14

After Hours Urgent Maintenance Resident Contacts



Yvonne Edwards:

Unit 67 | Ph: 4322 1894

Michael Pettitt:

Villa 72 | Ph: 0488 702 333

Note: Please call Yvonne in the first instance. If no answer please phone Michael.

